

CARER SELF REFERRAL FORM

Please return to the address below

Name

Address

Phone

Date of Birth

Would you like your doctor's surgery to know that you are a carer? YES NO

Sign

Doctors name

Surgery

Phone

Do you wish the above information to be included on Wigan Council's Register of carers? YES NO

Where did you pick up this leaflet?

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Mission Statement

To be a recognised centre of excellence in the provision of information, training and support, provided for carers to improve their quality of life and to give all carers a voice.



Wigan & Leigh Carers Centre
3-5 Frederick Street

Hindley
Wigan
WN2 3BD

Tel. 01942 705959
Fax. 01942 776078

Email:

info@wiganandleighcarerscentre.org.uk

Registration number: 7293521
Charity Reg. No. 1138908



WILCC

3-5 Frederick Street
Hindley
Wigan
WN2 3BD
T: 01942 705959

www.wiganandleighcarerscentre.org.uk

Supporting carers who look

after a family member or friend
with an illness or disability

reaching
out to
carers

your rights
and
entitlements

Volunteer
opportunities

access
to
services

support

training

time for
you

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Wigan
Operational
Council



A carer is a person who looks after a family member, relative, partner, neighbour or friend who needs help due to ill health, old age, disability, drug or alcohol misuse or who has mental health problems. You do not have to live with the person or be the only one doing the caring.

Though support is available to help carers, many continue to struggle with not knowing where to find the help they need. Also, many people, who care for a person, do not identify themselves as carers.

Carers say that having relevant, up to date information about services that offer help and support is crucial. It can make the difference between finding support and being able to cope, and feeling isolated and alone.

An Outreach service provides information events throughout the borough including coffee mornings, to try to reach as many carers as possible so we can share information and help you in your caring role.



Wigan and Leigh Carers' Centre offer the following services across the Wigan Borough:

- Access to community care services and care assessments
- Your rights as a carer
- G.P. Liaison
- Carers' Support/Advocacy Worker
- How to access grants
- Counselling
- Benefits and finances
- Employment issues
- Emotional support
- Practical help
- Service specific information
- Holistic therapies
- Podiatry treatments
- Outings and social events
- Newsletter
- Coffee mornings
- Training
- Befriending Service
- Telephone Helpline



The centre also offers excellent meeting and conference facilities with WiFi Access and I.T. Facilities, please ask for details.

Contact us

If you would like more information about Wigan & Leigh Carers' Centre and the services we provide please call **01942 705959** or **check our regularly updated website :**

www.wiganandleighcarerscentre.org.uk or complete the form overleaf.

